

Mark your calendars

11th Annual Empty Bowls Palm Beach
Friday, February 23
11 a.m. to 2 p.m.

Tickets and sponsorship are available.
Join us as we eat simply so others may simply eat!



2nd Annual Meal Build
May 28th

Day of 100,000 Meals
September 18th

3rd Annual Empty Bowls in the Gardens
September 27th

9th Annual Empty Bowls Delray Beach
December 7th

pbcfoodbank.org/events

Food Bank Expansion

We are nearing the finish line! Our expansion project with Palm Beach County and United Way of Palm Beach County is nearing completion. Everyone is filled with excitement at the transformational change our community will experience once doors open.

Our neighbors in need will receive more aid and food from a commercial kitchen with a produce processing facility and culinary training program space, wrap-around services with a family meeting area, expanded volunteer center, and additional storage space. Be sure to follow us on social media for updates!









Food and Fund Drives

The Club at Ibis 13th Annual Food Drive
115,112 meals



Scarlett's 5th Annual Food Drive
5,700 meals



Movement Mortgage Food Drive
286 meals



Scan to start your food drive today!

2023 Food & Fund Drives
839,197 meals

pbcfoodbank.org

WINTER 2024

Nourished



A newsletter publication of the Palm Beach County Food Bank

2023: A Year in Review

Childhood Hunger Initiatives
1,488,168 meals
Lois' Food4Kids, Weekend Food For Kids, School Pantries

Partner Marketplace
11,651,763 meals
Food distributed to 130+ partner agencies for neighbors in need

Groceries for Seniors
64,057 meals
Bi-weekly, delivered groceries

Pop-Up Farmers Market
42,917 meals
Bi-weekly produce and recipes to alleviate food deserts

The Food Bank received and distributed a monthly average of over 1,000,000 pounds of food year-round.

PALM BEACH COUNTY FOOD BANK

Venmo

pbcfoodbank.org/nourished



2 CEO's Desk
3 Programs
4 Community

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Dear Neighbor,

Every day, amidst the towering shelves of food and the hum of a busy warehouse, I see the starfish story replay itself in a thousand ripples in our community.

The story goes like this: A child stumbles upon a beach filled with starfish washed ashore after a storm. Wanting to help, they start tossing the starfish back into the ocean, one by one. An adult watching them asks, "Don't you know it's pointless? You can't possibly save them all." As the child throws a starfish into the ocean they reply, "I made a difference to that one."

Here at the Food Bank, we face that overwhelming tide of need every day. It's easy to feel like one can of beans, one bag of rice, is a mere splash in a vast ocean of hunger.

The starfish story is the essence of our mission at the Food Bank. We may not single-handedly end hunger, that vast ocean threatening to engulf so many. But like the child on the beach, we refuse to turn away. We focus on the starfish in front of us - families choosing between rent and groceries, seniors choosing between medication and food, children too hungry to focus at school.

I recently had the privilege of meeting with Evalin, a single mother of two who relies on our partner agencies. She shared how a single bag of groceries means her son can finally have birthday cake this year. Everyday, we see the starfish we toss back into the ocean contributing to our neighbors' lives.

In the past year, we tossed quite a few starfish back into the waves. We distributed over **13 million meals**, providing nourishment and hope. But the ocean stretches vast, and countless starfish still cling to the sand. Will you join us by throwing back a starfish? While we may not be able to save them all, we can certainly make a difference for those we reach.

With unwavering hope,

Jamie Kendall, CEO

NEW Corporate & Foundation Partners 2023 ($2,500+)

Congratulations to our new corporate and foundation partners. We are truly grateful for all of our many partnerships and look forward to working with you to impact our community one meal at a time. To see a full list of our corporate and foundation partners, please visit
pbcfoodbank.org/corporate-partnerships

American Heart Association Inc, Baltimore Community Foundation, Branding Iron Holdings, Inc., F. Garcia Wholesale and Export Inc., Goldstein Associates LLC, Oracle Corporation, Prezzo PBG, LLC, Saint James Brands LLC, Sweet Endings, Tampa General Hospital, Target, The Collis Foundation, The Keith Wold Johnson Charitable Trust, Unisource Marketing Group

Diamond Level Partner
Healthcare District of Palm Beach County





Programs

Our **Benefits Outreach Program** assisted
12,000 neighbors
with SNAP (Supplemental Nutrition Assistance Program, formerly "food stamps") between January 2023 and December 2023.

Out team of four Benefits Outreach Specialists is one of only four Florida teams that provide the Department of Children & Families required federal food relief interview to receive food assistance.

As part of our **Childhood Hunger Initiatives (CHI)**, our **Lois' Food4Kids** and **Weekend Food for Kids** programs provide **4,000 children** one dinner, two breakfasts, two lunches, two drinks, two snacks, and a family meal every Friday to have nourishment over the weekend when they do not have access to free breakfast and lunch at school.
"It brings more security to know my son is receiving this food." - CHI Parent









Hunger Action Month Inaugural Day of 100,000 Meals
The Breakers and United Way of Palm Beach County provided **169,318 meals** for the children, families, seniors, and neighbors struggling to put food on the table in our community. Nearly 200 volunteers and staff packed pasta for our partner agencies.

Volunteer Spotlight: Cathy



"Volunteering is essential for everyone to do... because it's a way of giving back. You're healing the world when you give to people who need your help."

The Food Bank is grateful for Cathy's giving spirit. Cathy lends a helping hand by packing meals for children and seniors, assisting with administrative tasks, and fundraising event preparation.

Thank you, Cathy, and all our spectacular volunteers for coming back day in and day out to serve!

2023 Group and Individual Volunteers
7,440

2023 Volunteer Hours
23,361

2023 Pasta and Rice Packed
150,825 pounds

2023 Value of Donated Time
$700,000

When you volunteer you can:
- Pack pasta or rice
- Sort gleaned produce
- Categorize food drive donations
- Pack school backpack kits
- Pack grocery kits for seniors